Choose a spot to sit and listen somewhere along your walk.

Draw an x in the center of a piece of paper. The x represents where you are sitting. Close your eyes and listen quietly for five minutes. Draw a symbol to represent each sound that you hear. The location of the symbol should indicate the direction and distance of the sound from your listening spot.

What sounds were familiar to you? Did you hear any new sounds? What made those sounds? What was your favorite sound?