



Art at the Arboretum

The Arboretum sponsors art exhibitions throughout the year, including an annual competition and an outdoor environmental art show. Call 410-634-2847, ext. 0 or e-mail info@adkinsarboretum.org for gallery hours.



Lichen Bloom, oil on paper, 23 x 8 inches

March, Juliana Netschert's show of quiet, gem-like paintings, continues in the Visitor's Center through January 29. Her drawings, watercolors, and oil paintings are spare, elegant studies of forest trees reflected in the temporary ponds of early spring. Lively with the rhythmic patterns of trunks and branches, these works convey a sense of the fleeting interval between winter and the first sprouting of leaves.

Calligraphy in the Forest continues through January 31 in the Arboretum woods with Bethesda artist **Kit-Keung Kan's** scrolls hung in trees and draped under a long wooden bridge. Inspired by the idea that calligraphy looks very much like bare tree branches, Kan worked with Centreville artists

Howard and Mary McCoy, familiar to Arboretum visitors for their summer shows of outdoor sculpture, to bring his calligraphy outdoors. Brushed in both Chinese and English, his texts include both traditional Chinese works and poems by Kan and Mary McCoy.

The **2010 Art Competition** show will be on view February 15 through March 26. Now in its 11th year, the show has grown to draw many entries from diverse artists from the Mid-Atlantic area and beyond. This year's exhibit will be juried by Carla Massoni, director of the Carla Massoni Gallery in Chestertown for more than 20 years. There will be a public reception Saturday, February 27 from 3 to 5 p.m.



Leaf Litter

Landscapes and nature studies by **Elissa O'Loughlin** will be on view March 29 through May 28. Steeped in the traditions of art at her job as a conservator at the Walters Gallery in Baltimore, O'Loughlin grinds her own pigments in order to achieve extraordinarily subtle gradations of color. Her rare sensitivity and skill with painting the nuances of color in nature were singled out with the first place award in the 2009 Art Competition. There will be a reception Saturday, April 24 from 3 to 5 p.m.

Arbor Day 5K Run & Family Fun Run/Walk

Saturday, April 17

Registration 8-8:45 a.m.,
Start time 9 a.m.

5K Fee (included T-shirt):
\$15; \$20 day of event

Family Fun Run/Walk Fee:
\$10/family

Join fellow runners and nature enthusiasts for the fourth annual Arbor Day Run. The event, which features a 5K Run and a one-mile Family Fun Run/Walk, will kick off with a Kids' 100 Yard Dash at 8:45 a.m. Participants will catch glimpses of spring as they traverse the cross-country course plotted along the Arboretum's network of scenic forest and meadow paths. Prizes will be awarded and refreshments provided. To register, call 410-634-2847, extension 0 or e-mail info@adkinsarboretum.org.



PROGRAMS AND EVENTS

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Ecology for Gardeners Series

Wednesdays, February 3, March 10, April 7, April 21,
10–11:30 a.m.

Fee: \$10 members, \$15 general public per session;
\$35 members, \$50 general public for all four programs
in the series

Your garden is a stage for endless interactions between organisms and their environment. Learn about the interactions between plants, insects, and their environment to create a natural balance in the garden.

Plants and the Environment

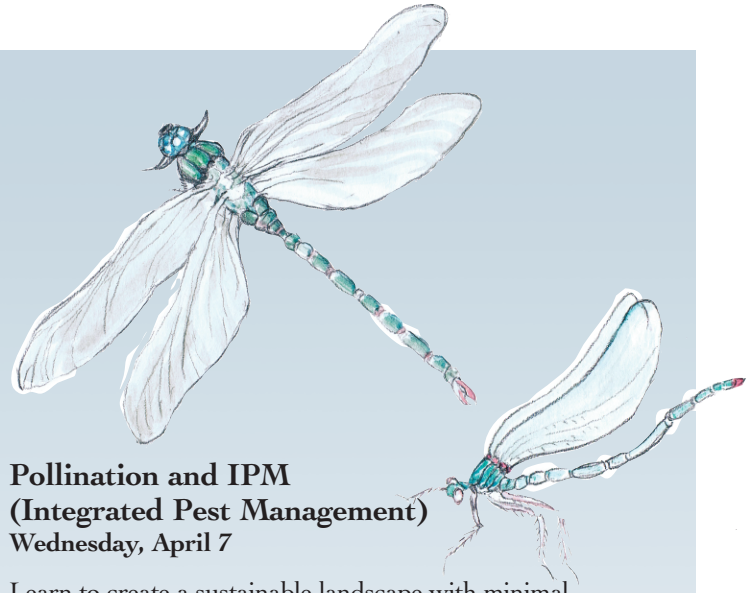
Wednesday, February 3

This garden-focused review of plant physiological ecology with Sylvan Kaufman, Ph.D. will provide participants with a better understanding of the plants in their gardens, including selecting the best location for each plant and diagnosing and treating ailing plants. Dr. Kaufman is an ecologist and science advisor to the Arboretum, a consultant, a teacher, and a writer covering topics from basic botany and ecology to invasive plant control and conservation landscaping techniques.
www.sylvangreeneearth.com.

Plant Population Ecology

Wednesday, March 10

Planting a crop cultivates a population of plants. Join Sylvan Kaufman, Ph.D. to learn the basics of population growth and how growth is affected by competition for resources and insect pests. Some plants grow better together than others, and a little knowledge of ecology can help in planning a great garden.



Pollination and IPM (Integrated Pest Management)

Wednesday, April 7

Learn to create a sustainable landscape with minimal dependence on synthetic pesticides through the conservation and enhancement of biological diversity with special emphasis on natural enemy communities. Instructor Mike Raupp, Ph.D., University of Maryland professor of entomology and extension specialist, emphasizes the use of resistant plant materials, manipulation of cultural regimes, and use of biological control. <http://raupplab.umd.edu/bugweek/>.

Healthy Soils

Wednesday, April 21

Andrew Ristvey, Ph.D. will provide an introduction to soil health as it relates to plant nutrition. Learn basics about the physical and chemical properties of soils and what gardeners can do to change those properties to extract the most from their soils and benefit their plants. Nutrient information will also be presented. Dr. Ristvey is the University of Maryland regional extension specialist for commercial horticulture.



NATURE AND THE UNDERGROUND RAILROAD GUIDED WALK

Saturday, February 13, 1 p.m.

Free for members, free with admission for the general public

Celebrate Black History Month at the Arboretum with a guided walk to explain the historical and cultural cross-section that combines the story of the Underground Railroad and the natural landscape of the Eastern Shore. With endless picturesque scenes that reflect the conditions through which slaves traveled en route to freedom, the Arboretum is the ideal backdrop for learning about this little-known historical relationship.

PROGRAMS AND EVENTS

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LANDSCAPE DESIGN WORKSHOP

Saturday, March 13, 8:30 a.m.–4:30 p.m.

Fee: \$65 members, \$75 general public

Does your property lack beauty and distinctive character? Do you want to create attractive outdoor living spaces? Offered again by popular demand, this workshop will address typical challenges of Eastern Shore homeowners. Four experienced landscape designers and avid gardeners will lead participants through an all-day intensive planning session. Come with your challenges and dreams, and leave with a landscape plan, ideas, and confidence to transform your home landscape for your enjoyment and pride.

Workshop leaders are Arboretum Executive Director Ellie Altman, landscape architect Vernon Husted of Sigma Engineering, landscape architect Barbara McClinton, formerly of the Baltimore landscape architecture and land planning firm Daft, McCune, Walker, and landscape designer and native plant enthusiast Chris Pax.

Bring lunch. A continental breakfast and break refreshments will be provided. Also bring a property plat, photos, and other documentation of your property. Worksheets and handouts on native plants will be provided. Limited to 16 participants.



MT. CUBA CENTER FIELD TRIP

Friday, April 23, 9:30 a.m.–5 p.m.

Fee: \$50 members, \$60 general public includes transportation, lunch, and entrance fee

Witness an explosion of color at Mt. Cuba as thousands of wildflowers emerge and flower to welcome another year in the garden. Spectacular flowering shrubs and trees provide accents throughout the gardens to further highlight the splendor of spring. Mt. Cuba Center is a 650-acre nonprofit horticultural institution in northern Delaware dedicated to the study, conservation, and appreciation of plants native to the Appalachian Piedmont Region through garden display, education, and research.

After an early lunch at a local restaurant, enjoy a guided tour of Mt. Cuba with a knowledgeable docent. The tour lasts for approximately two hours.

NOON TEA IN THE TREES JOURNALING

First Saturday of the month, 11 a.m. public guided walk; Noon Tea in the Trees Journaling session
Free with admission

Take a break for an informal Saturday morning walk. Stroll through the Arboretum's varied habitats—delightful places to gather ideas and impressions. Then return to the Visitor's Center or Nursery for tea and homemade goodies and a chance to see your ideas germinate into language during a brief free writing session. Bring your favorite pen or pencil and a small journal or notebook. Plan to attend the next time and add more thoughts to your journal. No previous writing experience necessary. Pre-registration is required.

Arts at the Arboretum

PYSANKY: THE ART OF UKRAINIAN EGGS

Session 1: Traditional Pysanky Design, Thursday, February 18, 11 a.m.–2 p.m.

Session 2: Nontraditional Pysanky Design, Thursday, March 4, 11 a.m.–2 p.m.

Fee: \$30 members, \$35 general public per session

Create a beautiful egg in a Ukrainian tradition reaching back to antiquity. Eggs are decorated with symbolic motifs rooted in nature and the cycles of life. Among the designs used are spiders and sheaves of wheat, spirals, stars and circles, bees, acorns, garlands of flowers, clusters of grapes, birds, and mammals. Designs are made with an instrument called a kitska, beeswax, and dyes. Each part of the process is symbolic. Instructor Coreen Weilminster, who learned the art from her great-aunts, has been making Pysanky for almost 20 years. Bring a bag lunch; drinks will be provided. Each participant will receive a Pysanky kit containing the basic tools and materials required for the class. Each session limited to 15 participants.



CREATING BOOKS AND CARDS WITH NATURE

Saturday, February 27, 10 a.m.–12:30 p.m.

Fee: \$25 members, \$30 general public

Join artist Sue Stockman to construct a journal writing book or cards using collage and other techniques to make hand bound journals or individual cards. All materials are provided, but participants are encouraged to bring paper, photos, cards, twigs, leaves, shells, and other objects and images that evoke special memories. Limited to 8 participants.

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BASKETRY: FREE-FORM CRACKER BASKET

Friday, March 5
9 a.m.–4:30 p.m.

Fee: \$55 members, \$65 general public

Make a free-form rimmed cracker basket with wild jasmine vine and natural and dyed rattan using traditional melon basket technique. This functional, colorful, one-of-a-kind basket can be used to serve crackers or may also hang on the wall as an art sculpture. Bring a lunch, basin or small tub, clippers, awl, and jackknife and join the fun. Limited to 10 participants.

Lee Zimmerman Nelson has exhibited her award-winning basketry for more than 30 years, both nationally and abroad, and teaches regularly at Arrowmont (Tennessee) and the John C. Campell Folk School (North Carolina), as well as in Maryland and Virginia. She integrates her knowledge of the craft and love of teaching in a relaxed and informative manner.

WATERCOLOR SERIES— DAFFODILS

Thursdays, March 11, 18, 25, and April 1
10 a.m.–noon

Fee: \$60 members, \$75 general public

This four-day workshop with Lee D’Zmura will focus on composing and developing a color study of daffodils using a grisaille under painting. Watercolor techniques including color mixing, washes, and lifting will be demonstrated. Limited to 10 participants.



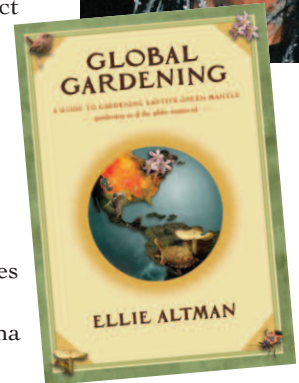
Speaker Series

GLOBAL GARDENING—LIVING GRACEFULLY ON OUR PLANET

Friday, April 9, 5–6 p.m. with a reception to follow
Fee: \$8 members, \$10 general public

In this lecture, Arboretum Executive Director Ellie Altman expands the definition of gardening to embrace agriculture, stormwater management, ecological restoration, land development, and wildlife habitat protection to inspire the adoption of a land ethic for better human habitat. While the heightened awareness of mankind’s impact on the planet emphasizes loss and deterioration, Altman makes the case for turning the focus toward nature’s resilience and humans’ desire to understand and celebrate nature.

Altman holds graduate degrees in landscape architecture and education from North Carolina State University and the University of Michigan. She has served as the Arboretum’s executive director since 1997. Her talk will conclude with a virtual tour through the seasons at the Arboretum.



BEYOND THE GRASS CEILING: LESS LAWN, MORE NATIVES

Saturday, April 10, 1–2:30 p.m.
Fee: \$15 members, \$18 general public

Americans spend much money, energy, and time in pursuit of the perfect front-yard lawn. But there is life beyond a green monoculture. Learn how Nancy Beaubaire created a beautiful, biologically diverse, and socially acceptable front landscape with native plants. Now four years old, the garden abounds with birds, butterflies, and other pollinators. This lawn alternative provides ideas for your own front yard.

Beaubaire, a horticulture professional and avid home gardener, holds an M.S. in horticulture and has worked in horticultural communications as an editor, writer, publicist, public speaker, teacher, and photographer. Currently she is director of communications at Bowman’s Hill Wildlife Preserve.



PROGRAMS AND EVENTS

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THE BROTHER GARDENERS: Botany, Empire, and the Birth of an Obsession

Tuesday, May 4, 4–5 p.m. with a reception to follow
Fee: \$15 members, \$18 general public

In this beautifully illustrated talk, Andrea Wulf tells the tale of a small group of 18th-century naturalists that made England a nation of gardeners. It's the story of a garden revolution that began in America. The talk explores the botanical passions, obsessions, friendships, and squabbles that knitted together the lives of six men who changed the world of gardening and botany.

LOOKING AHEAD

The Language of Landscapes: Nature and Nature Writing of Great Britain

Join ecologist Sylvan Kaufman and writer Wallace Kaufman for a unique tour of Northern England and Scotland, tentatively planned for early fall 2010. Visit gardens and wild landscapes while reading the prose and poetry of some of Great Britain's famous nature writers. Pairing natural history lessons with the eloquence of the written word will provide participants with a wonderful appreciation of these ancient lands. The tour will be open to 12–15 participants. More details will be available in late April.



Soup 'n Walks Nature, Nurture, and Nutrition

Saturdays, February 20, March 20, April 24, May 15
11 a.m.–1:30 p.m.

Fee: \$18 members, \$20 general public
Pre-registration required. Call 410-634-2847, ext. 0 to register.

Discover green plants in winter, early blooms, ephemeral flowers, and sure signs of spring. Following a guided walk with a docent naturalist, enjoy a delicious and nutritious lunch along with a brief lesson about the meal's nutritional value. Copies of recipes are provided.

February 20

Find the Green Plants that Cherish the Warm Winter Sun

Mosses, crane fly orchid, magnolia and holly leaves, pine and red cedar needles, Christmas fern, green stems of strawberry bush and greenbrier

MENU

Red bean, rice, and andouille soup

Mixed greens and pear salad

Dill rye bread with spinach spread

Chocolate brownies with orange glaze

March 20

Check Out the Early Purple and Pink Blooms

(One- or two-hour walk option)
Skunk cabbage, pawpaw, spring beauty, bloodroot

MENU

Creamy tomato basil soup

Eastern Shore colorful slaw

Rosemary focaccia bread

Cherry crisp

April 24

Look Again! The Ephemerals are Fleeting Pink and Yellow Blooms

(One- or two-hour walk option)
Pink spring beauty, may apple, and dogwood blossoms, yellow trout lily, golden groundsel, saffras and spicebush blossoms, and white beech tree blossoms

MENU

Cream of broccoli soup with cheddar

Potato salad with orange carrots and red beets

Anadama oatmeal bread with hummus spread

Oatmeal-raisin-molasses-ginger cookies

May 15 Check Out the Beautiful View of Tuckaboe Creek and Beyond

(One- or two-hour walk option)
Mountain laurel, beech tree, tulip tree, black cherry tree blossoms, pink lady's slipper, Solomon's seal, and may apple fruit

MENU

Kale, apple, and lentil soup

Wheatberry Waldorf salad with walnuts




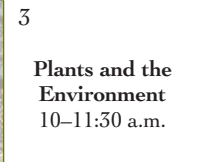

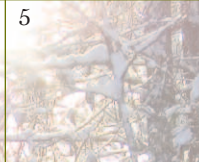
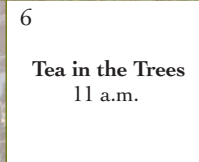

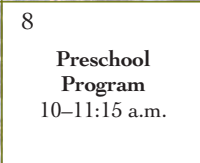
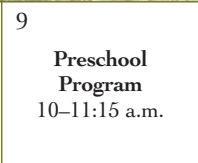



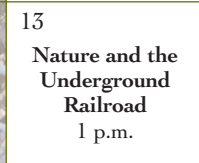

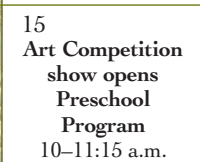
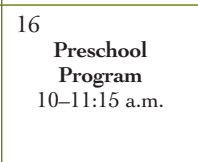

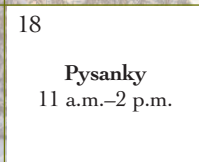

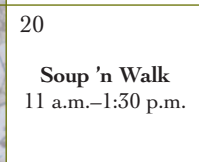
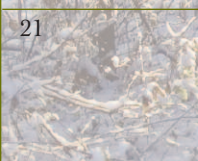
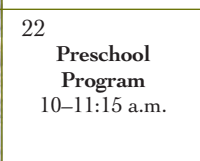
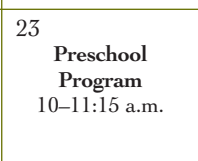
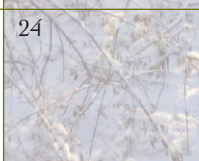

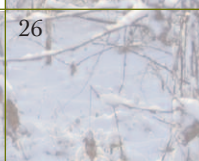
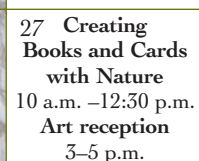
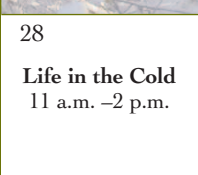

Dilly bread with salmon spread

Apple cake


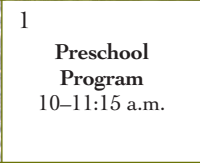
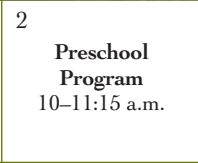

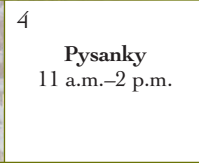
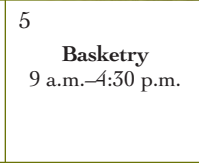
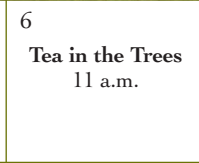

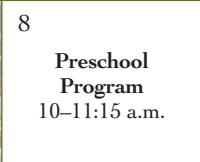
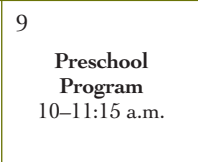
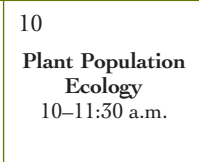
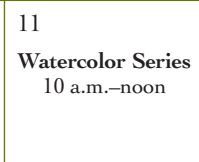
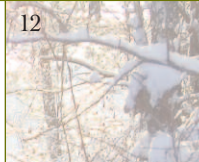


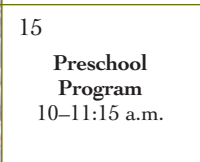
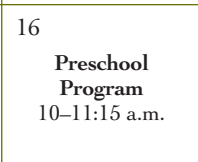


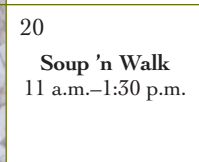
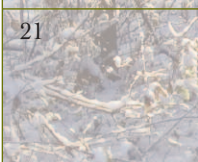


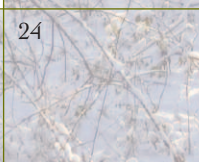
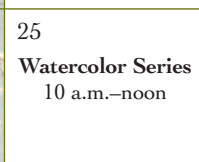
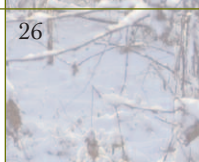
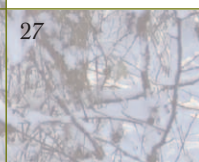
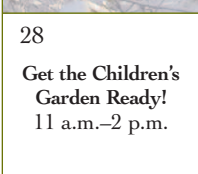
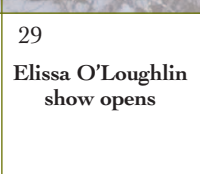


To schedule Soup 'n Walk programs for groups of 15 or more, contact Ginna Tiernan, Adult Program Coordinator, at 410-634-2847, ext. 27 or gtiernan@adkinsarboretum.org.

CALENDAR OF PROGRAMS AND EVENTS

FEBRUARY

	1 	2 	3  Plants and the Environment 10–11:30 a.m.	4 	5 	6  Tea in the Trees 11 a.m.
7 	8  Preschool Program 10–11:15 a.m.	9  Preschool Program 10–11:15 a.m.	10 	11 	12 	13  Nature and the Underground Railroad 1 p.m.
14 	15  Art Competition show opens Preschool Program 10–11:15 a.m.	16  Preschool Program 10–11:15 a.m.	17 	18  Pysanky 11 a.m.–2 p.m.	19 	20  Soup 'n Walk 11 a.m.–1:30 p.m.
21 	22  Preschool Program 10–11:15 a.m.	23  Preschool Program 10–11:15 a.m.	24 	25 	26 	27  Creating Books and Cards with Nature 10 a.m.–12:30 p.m. Art reception 3–5 p.m.
28  Life in the Cold 11 a.m.–2 p.m.						

MARCH

	1  Preschool Program 10–11:15 a.m.	2  Preschool Program 10–11:15 a.m.	3 	4  Pysanky 11 a.m.–2 p.m.	5  Basketry 9 a.m.–4:30 p.m.	6  Tea in the Trees 11 a.m.
7 	8  Preschool Program 10–11:15 a.m.	9  Preschool Program 10–11:15 a.m.	10  Plant Population Ecology 10–11:30 a.m.	11  Watercolor Series 10 a.m.–noon	12 	13  Landscape Design Workshop 8:30 a.m.–4:30 p.m.
14 	15  Preschool Program 10–11:15 a.m.	16  Preschool Program 10–11:15 a.m.	17 	18  Watercolor Series 10 a.m.–noon	19 	20  Soup 'n Walk 11 a.m.–1:30 p.m.
21 	22 	23 	24 	25  Watercolor Series 10 a.m.–noon	26 	27 
28  Get the Children's Garden Ready! 11 a.m.–2 p.m.	29  Elissa O'Loughlin show opens	30 	31 			

CALENDAR OF PROGRAMS AND EVENTS

APRIL

				1	2	3	
				Watercolor Series 10 a.m.–noon		Tea in the Trees 11 a.m.	
4	5	6	7	8	9	10	
			Pollination and IPM 10–11:30 a.m.			Global Gardening 5–6 p.m.	Beyond the Grass Ceiling 1–2:30 p.m.
11	12	13	14	15	16	17	
						Arbor Day Run 9 a.m.	
18	19	20	21	22	23	24	
			Healthy Soils 10–11:30 a.m.			Soup 'n Walk 11 a.m.–1:30 p.m. Art reception 3–5 p.m.	
25	26	27	28	29	30		
Migration Madness 11 a.m.–2 p.m.							

A Sense of Wonder Sundays— A Family Affair

February 28, March 28, April 25

Fee: \$5 per person members, \$7 per person general public
Pre-registration is required; call 410-634-2847, extension
0 to register.

Though its beauty and serenity inspire each person differently, the Arboretum's woods, wetlands, meadows, and gardens appeal to all ages. The whole family is invited for a fun-filled Sunday of enjoying the outdoors together. If you're lucky, you may glimpse your child's inborn sense of wonder—and rediscover your own.

LIFE IN THE COLD—THE ECOLOGY OF WINTER

Sunday, February 28, 11 a.m.–2 p.m.

Bundle up in something warm and explore the winter world outside. Renew your sense of wonder about winter. This session will examine snowflakes, explore how snow is a welcome blanket for many animals, identify trees, and discuss what's going on inside them. Identify some "winter weeds," and contemplate where the insects have gone and how they overwinter in their different forms. Come learn some great activities for kids and parents to try together at home. Instead of being stuck inside, get out and take advantage of winter's lessons.

GET THE CHILDREN'S GARDEN READY!

Sunday, March 28, 11 a.m.–2 p.m.

The Children's Funshine Garden needs a wakeup call... and so do we! Let's awaken our senses as we prepare the Children's Garden for the growing season. Join Children's Education Coordinator Coreen Weilminster for a morning of service in the garden. We'll get our hands dirty—and knees green—as we turn the soil, prune the winter weeds, and plant the seeds for the Arboretum's child-inspired exhibit. Introduce your children to the joys of gardening, or indulge their blossoming green thumb. The afternoon will examine how children's literature about the garden can be used to stimulate the mind after a day of stimulating the senses.

MIGRATION MADNESS!

Sunday, April 25, 11 a.m.–2 p.m.

Migratory birds use rich and diverse parcels of land as stopovers during their long and difficult migration. Adkins Arboretum is an oasis for them. Through simulation games and other activities, we'll explore the how, why, when, where, and who of Eastern Shore migratory birds. In addition to learning about the birds that specifically use the Arboretum as a stopover during migration, we'll look at other migratory birds whose migration is tied to larger ecological cycles, and those whose migratory history tells us how we impact their habitat. We'll also discuss how our gardens and landscapes can work as oases for our migratory friends.



CHILDREN'S PROGRAMS

Classes are open to children ages 3 to 5. Pre-registration is required. Enrollment is limited to 15 children, so early registration is recommended. The fee for a session of six classes is \$45 for members and \$55 for the general public. Each class includes a snack and a craft. Programs are led by popular children's teacher Jenny Houghton. For further information or to register, call 410-634-2847, extension 0.

Session 1: Mondays, 10–11:15 a.m.

Session 2: Tuesdays, 10–11:15 a.m.

FOREST VALENTINE

February 8 and 9

Children will show their love of nature by making valentine seed treats to share with the forest animals. They will learn about how animals stay warm in the cold, take a winter woods walk, and listen to winter stories while munching on heart-shaped cookies.

WINTER WONDERLAND

February 15 and 16

In this lesson, children will pretend they are snowflakes journeying through the winter sky. They will make a glittery snowflake craft, look for Jack Frost in the forest, and warm up with hot chocolate and the beloved children's book *A Snowy Day*.

ENCHANTING EVERGREENS

February 22 and 23

Even in the silvery winter landscape, islands of green remain. Children will explore groves of evergreens at the Arboretum and enjoy a pinecone toss. They'll also gather fragrant pine needles to use in winter sachets.

Summer Camp

Summer belongs to children. For the past five years, families and children have grown with the Arboretum's Kids Camp series. The Camps are extraordinary opportunities for children to enjoy summer, and to explore and become a part of the Arboretum. This year, campers will experience the Arboretum in a variety of ways. Preschoolers can join Camp Pollywog's *Where the Wild Things Are* to learn about the Arboretum's diverse habitats. Preschoolers may also learn about how the Kids Only! Funshine Garden is a special place for *Things with Wings* during Camp Bumblebee.

The Arboretum inspires all ages in many different ways! This summer, campers ages 6–8 will explore the Arboretum as a means for artistic expression during Camp Paw Paw's *Camp Inspiration*. In *Discovery Days*, Camp Egret will tap into every child's wild side and innate desire to investigate wild places. Campers ages 9–12 will conduct scientific analyses, use field sketching and nature journaling to document their discoveries, and play games that will encourage a bit of self-discovery. Each camp session engages campers in discovering how they fit into the ecosystem.

FOX TROT

March 1 and 2

Where do foxes go when the cold wind blows? Into their cozy dens, of course! Children will follow a winding trail to an Arboretum fox den, sing and dance to the "Fox Trot," and make pop-up fox finger puppets.

ANTLERS AWAY!

March 8 and 9

While many animals are hibernating through the winter, deer are out and about! Children will learn about the white-tailed deer and look for deer tracks on the Arboretum paths to fill with plaster of paris for some scientific fun. Back in the classroom, they'll make antler headbands and enjoy animal stories.

DANCING WITH THE STARS

March 15 and 16

Even though the stars won't be out until nightfall, children will light up when they learn about constellations! They'll sing and dance to a star song, make pinprick constellations to hang in the window, and wrap up the winter program with starry cupcakes.

Arboretum membership has its benefits! Members receive a discount on camp fees and may pre-register for summer camp. Member registration opens March 1. The general public may register beginning March 15.

2010 Camp Dates:

Camp Bumblebee (ages 3–5) June 14–18

Camp Paw Paw (ages 6–8) June 21–25

Camp Egret (ages 9–12) June 28–July 2

Camp Pollywog (ages 3–5) July 5–July 9

High-schoolers – You're never too old to come to camp!

Did you love summer nature camp when you were younger and now have community service hours to fill for graduation? Spend a week at Adkins Arboretum helping younger campers catch frogs and hike the paths, and sharing your enthusiasm for the outdoors. You must be at least 14 years old, enjoy spending time with children outside, and participate in an interview and training session. If you are interested, call Coreen Weilminster at 410.634.2847, ext. 30 or e-mail at cweilminster@adkinsarboretum.org.