

NEWS RELEASE

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Adkins Arboretum Offers Soup 'n Walk Program Sat., May 18

Tuckahoe Creek is a beautiful, tranquil spot that provides views of a wide variety of flowering plants. Join a walk to search for blooms along its banks when Adkins Arboretum hosts a popular Soup 'n Walk program on Sat., May 18. Following a guided walk, enjoy a delicious and nutritious lunch along with a brief lesson about the meal's nutritional value. Copies of recipes are provided.



Adkins Arboretum docent Julianna Pax, at left, pauses on a bridge in the Arboretum forest so participants can search for spring blooms during a Soup 'n Walk program. This Saturday's Soup 'n Walk will focus on Tuckahoe Creek.

Participants may choose a one-hour or two-hour walk to catch glimpses of mountain laurel, beech and tulip trees, black cherry tree blossoms, pink lady's slipper orchid and Solomon's seal blooms, and May apple fruit. The menu includes vegetarian chili, roasted red beets over mesclun salad, apple date wheat bread with apple jelly, and blueberry marmalade crisp. The two-hour walk begins at 10 a.m.; the one-hour walk begins at 11 a.m.

The program is \$20 per person for members, \$25 per person for the general public. Register at adkinsarboretum.org or call 410-634-2847, ext. 0. To schedule Soup 'n Walk programs for groups of 15 or more, contact Ginna Tiernan, Adult Program Coordinator, at 410-634-2847, ext. 27 or gtiernan@adkinsarboretum.org.

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Adkins Arboretum is a 400-acre native garden and preserve at the headwaters of the Tuckahoe Creek in Caroline County. Open year round, the Arboretum offers educational programs for all ages about nature and gardening. Through its [Campaign to Build a Green Legacy](#), it will build the [W. Flaccus and Ruth B. Stifel Center at Adkins Arboretum](#) and a “green” entranceway to broaden educational offerings and research initiatives promoting best practices in conservation and land stewardship. For additional information about Arboretum programs, visit www.adkinsarboretum.org or call 410-634-2847, ext. 0.

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