

What's In Bloom?

AT ADKINS ARBORETUM IN JULY



Asclepias incarnata (ahs-KLEE-pee-us in-
kar-NAH-ta) swamp milkweed—
Growing 3 to 6 feet high, swamp
milkweed has pink to purplish red
flowers in mid-summer. Butterflies
enjoy the flower's nectar and monarch
caterpillars feed on the leaves. Native to
moist meadows. Find this plant along
the marsh edge and in the garden.



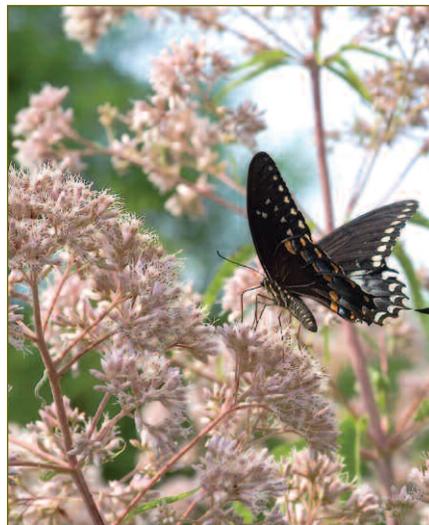
Cicuta maculata (sick-YEW-ta mak-yew-
LAHT-ah) water hemlock—This plant likes
wet, sunny areas like the Arboretum's
marsh. All parts of the plant are
poisonous if eaten, but pollinators are
attracted to the flowers. The medium
sized plant (2' to 4' in height) has large
flat clusters of tiny white flowers held at
the top of a long stalk.



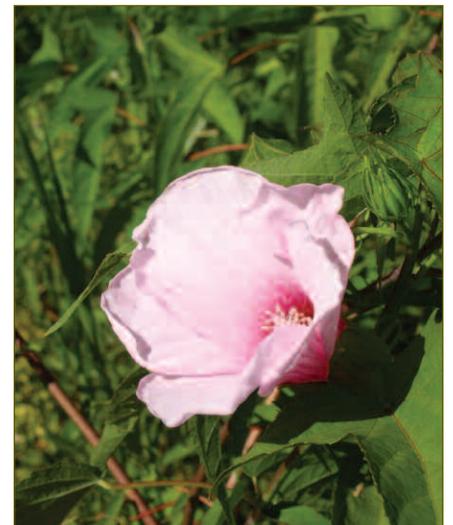
Juncus effusus (JUN-kus ef-FYOOS-us)
soft rush—Soft clusters of brown seeds
grow near the tips of the green flowering
stalk. Each fruit capsule contains many
minute seeds. This grass-like rush can
be up to 3 1/2 feet tall, forming dense
clumps or tussocks. These rushes were
used in making baskets. Found in the
marsh.



Eupatoriadelphus dubius (yew-pah-TOR-
ee-ah-DEL-fus DEW-bee-us) Eastern or
coastal plain Joe-pye—In mid-summer
large (up to 7" across) pink-purple
flower heads appear and pollinators
feast on nectar and pollen. This species
is shorter than *E. fistulosus* keeping the
butterflies at eye level. Find this plant
at the marsh edge and in the gardens.



Eupatoriadelphus fistulosus (yew-pah-
TOR-ee-ah-DEL-fus fist-yew-LO-sus)
hollow stemmed Joe-pye—A very
majestic, tall plant with pinkish, mauve
flowers. The stems of this Joe-pye are
hollow and hold at the tip a rounded
head of flowers usually covered in bees
and butterflies. See this plant in the
garden and marsh.



Hibiscus moscheutos (hi-BIS-kus mos-
SHOO-tohs) swamp rose mallow—An
herbaceous plant that looks like a
shrub, it has huge showy pink or white
flowers with a red center July through
Sept. Its seed capsules persist providing
an attractive winter feature. The pods
are also used in dried arrangements.
Find these plants along marsh edges.

What's In Bloom? at Adkins Arboretum in July



Impatiens capensis (im-PAY-shens ka-PEN-sis) jewel weed, touch me not—Orange-yellow flowers about 1 inch long, spotted with red-brown are irregularly shaped and bloom in mid-summer to early fall. Ripe pods explode when touched. Sap from the succulent stems is thought to prevent poison ivy rashes. Found in wetlands and floodplains.



Lobelia cardinalis (low-BEE-lee- yah card-in-AL-is) cardinal flower—The bright red flowers attract hummingbirds and humans alike to this showy native. Up to 20 individual small flowers appear at the top of the 2-4 foot tall plant. Prefers wet soils, but does well in the home garden. Found in the marsh and along the water by the Tuckahoe Creekside path.



Cephalanthus occidentalis (sef-ah-LAN-thus ox-suh-dent-AL-us) buttonbush – An attractive medium height (up to 6') shrub that likes the water. The sphere of white flowers with long styles suggests a pin cushion! The seed pods are eaten by some waterfowl and provide a late summer treat. Buttonbush grow along the marsh edge.



Magnolia virginiana (mag-NO-lee-ah ver-jin-ee-AY-nah) sweetbay magnolia—This magnolia is a semi-evergreen shrub to medium sized tree. Summer displays of cup-shaped, sweetly lemony fragrant, creamy white, waxy flowers amidst shiny green foliage truly take your breath away. Found in the floodplain forests along Blockston Branch and in the marsh.



Sagittaria latifolia (sa-ji-TAIR-ee-ah lah-tih-FOH-lee-ah) duck potato, arrowhead—A perennial herb found in shallow fresh water. Triangular leaves have veins that radiate from the point of attachment to the petiole (the leaf stalk). Flowers bloom in whorls of three, along a flowering stalk. The roots were a source of food for Native Americans. Found in the marsh.



Verbena hastata (ver-BEE-nah hos-TAH-tah) blue vervain—purple flowers are always a favorite and this plant provides flowers from summer into early fall. Look for spikes of flowers held like a candelabra. This plant likes moist but well drained soil and does well in the home garden. Vervain can be found in the marsh.